

High Five for the Planet!

We were just honored with the top Five-Leave rating by Costa Rica's Certification for Sustainable Tourism program (CST). This respected government program entails a comprehensive evaluation of hotels and tour operators and their relationship to their local environment and communities. El Silencio Lodge & Spa becomes one of only 13 properties honored with this distinction. We celebrate our staff, our neighbors, and our guests because our sustainability program is a cherished, collective effort. ¡Gracias!

http://www.turismo-sostenible.co.cr/index.php?option=com_joobd&view=article&jobbase=9&id=394



Max Award Winner

Your Chance to Win a \$10,000 Dream Trip!

Since we opened our doors in 2008, we have aimed to achieve the highest level of service excellence, ensuring that our guests enjoy a soothing, regenerative, and inspiring getaway. We are proud of our success and remain committed to ongoing improvement. Today, we are thrilled to be one of the featured candidates for top hotels in Travel+Leisure Magazine's annual World's Best Reader's Choice Survey. We would be quite honored if you could share your experience at El Silencio Lodge & Spa. Voting deadline is March 31st. As an added bonus, Travel+Leisure enters all participants in a \$10,000 Dream Getaway Sweepstakes. Best of luck!

<http://tlworldsbest.roiresearch.com>



Back to Basics... a Family Fun Adventure

Costa Rica has become a family vacation favorite. Safe, fun, with an outstanding diversity of landscapes and activities for all ages. El Silencio Lodge & Spa welcomes all families with a very special offer. In an era of text messages, tweets, and status updates, a nature-immersion experience can highlight a family's sense of belonging, team-building, and trust. El Silencio Lodge & Spa in green Costa Rica sets the perfect stage for thrilling discoveries, shared memories, eco-adventures, and creative art sessions. Ask for details at: info@elsilenciolodge.com (code BackToBasics)



School is In Session

Education is one of the core principles of El Silencio Lodge & Spa's commitment to social sustainability. Our relationship with the Los Bajos community is especially active with the local elementary school. As the new school session begins, we have sponsored the purchase of new textbooks and supplies to ensure that all of our youngest neighbors have the best didactic tools possible. We thank our staff and the generous collaboration of our guests.



Trout Treat

- 200 gram trout filet
- 1/3 cup olive oil
- 3 tbsp fresh dill
- 1/2 cup sliced crimini mushrooms
- 1/2 cup diced tomato concasse
- 1/4 cup finely diced purple onion
- 1 garlic clove, finely chopped
- Pinch of salt
- Pinch of black pepper
- 1 tbsp grated parmesan cheese

Set aside 1 tbsp of olive oil. Place filet (with skin) in a plastic container with the remaining olive oil and dill. Let marinade for at least 20 minutes. Bring the tbsp of olive oil to medium heat and sauté the onion, followed by the garlic, the mushrooms, and the tomato. Add salt & pepper to taste and set aside. Grill trout, skin down first for about two minutes. Place on skillet skin down and top with the sautéed vegetables. Sprinkle parmesan cheese and flash cook until golden and flaky. Great with mashed potatoes... fantastic with mashed sweet potatoes.

