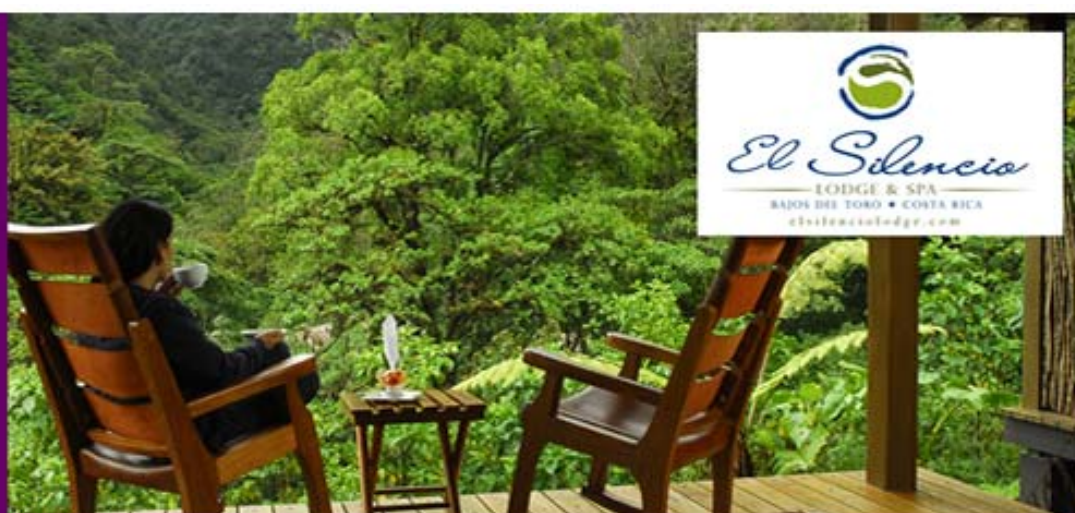


# Natural Wellness



  
*El Silencio*  
LODGE & SPA  
BAJOS DEL TORO • COSTA RICA  
elsilenciolodge.com

Let Nature's healing energy draw out your inner peace.

info@elsilenciolodge.com

+506 2-761-0301

## Natural Wellness (4 days/ 3 nights)

# \$1710

 per couple\*

### El Silencio Lodge & Spa

- 3 nights in a Suite
- 3 daily a-la-carte healthy meals
- Daily in-room snacks
- Personal Eco-concierge
- Guided hiking tour
- 4 Elements Meditative Hike
- Daily a.m. yoga
- Organic Garden Tour
- Los Bajos Cultural Tour
- Two 60 minute massage sessions per person

### El Silencio Lodge & Spa

El Silencio Lodge & Spa is an eco-sanctuary for soft adventure and inspired wellness. Located in Costa Rica's central volcanic valley, it features a delicious organic menu, personalized service, spa and yoga, waterfalls and a mystical cloud forest.

It List 2008

Travel+Leisure

Hot List 2008

Condé Nast Traveler

\*Price per couple, double occupancy, taxes included. May not be broken down or combined with other specials. Ask for special rates including RT transportation from San Jose with private bilingual driver.

Applicable to new reservations. Valid until July 31, 2011.

Subject to availability and holiday blackout periods. Restrictions apply.